

# COURSE DESCRIPTIONS

**PLEASE SELECT (1) ONE COURSE FROM EACH SECTION.**

## WEDNESDAY, JANUARY 5TH

**BEREAVEMENT: HANDLING DEATH BEFORE DEATH HANDLES YOU**- The most difficult stressor in this life is death. When a loved one dies. Where do I find comfort and help for the journey? What do I do to heal from deep pain? What practices bring hope? Where is God and where was God when my loved one died? Get the help needed in this course to walk through the valley of the shadow of death. (For anyone who has experienced the loss of a loved one)

**BIBLE STUDY: GETTING TO KNOW GOD AND HIS WORD BETTER**- This course will help you become a better Bible student. This course will show you how to understand the difference between various types of biblical literature. This course help you use various tools to increase your knowledge and understanding. You will become a better student with basic tools that will help you both know His word and share His word. (For all members)

**MUSIC IMPACT: SONGS THAT SHAPE FAITH AND FUTURE** - This virtual course covers vocal expressions in worship. Psalms, Hymns, and Spiritual songs develop our spirituality and inspires us to live a life that is pleasing to God. They speak to us about suffering and affirm doctrine that lead us to holistic living. (Psalm 100:5)

**DIAMOND IN THE ROUGH: DETERMINING YOUR EDUCATIONAL FUTURE** - This virtual course will teach you practical principles in order to balance your time and talents in school, so that you can practice good educational stewardship. (Psalm 25:4-5).

## SUNDAY, JANUARY 9TH & WEDNESDAY, JANUARY 12TH

**GODLY WISDOM IN COURTING** – Seeking a godly partner to share your life with is no trivial activity. Therefore, seeking God’s wisdom, discernment and blessing when courting is a must for the child of God. Avoid common pitfalls and mistakes while gaining practical insight on what to do and what to look for in a lifelong partner Vs what to run from and stay clear of!

**ESTATE PLANNING: GETTING YOUR FINANCIAL HOUSE IN ORDER**- is what this course is about.. What should be my concerns? What should I do to protect my assets? Do I need a will or a trust? How do I pass wealth to my love ones and my church? When should I prepare a power of attorney and who shall I choose? When do I do a medical power of attorney? And many more topics, bring your questions. (For all members)

**WHAT DOES IT REALLY MEAN TO FOLLOW CHRIST?** - If you look at Jesus’ disciples, their lives were not always an easy path of clear understanding — questions and doubts sometimes came with it too! A great place to start is a study of Romans 12, which is a practical guide to living like a disciple of Christ.

**PARENTING IN GOD’S IMAGE** – Whether you’re a single parent or married with children, parenting is a blessing and a challenge of great responsibility. There is no detailed one size fits all parenting manual, but you can know God’s will and way for bringing us children from not just His instruction, but from the example He sets in parenting us. Engage in study, share wisdom and encourage one another as you explore ways to effectively instruct, discipline, and raise kids.

## SUNDAY, JANUARY 16TH & WEDNESDAY, JANUARY 19TH

**SITUATIONS, ENTANGLEMENTS, AND FRIENDSHIPS: HOW TO KNOW WHO TO KEEP IN YOUR INNER CIRCLE** - Social life and social media can be lonely, demanding, or rewarding. This course will help you get started in each relationship on the right foot, firmly rooted in the Word which sets every other relationship in its place. (Proverbs 4:23; Proverbs 23:7; Romans 12:2).

**ANSWERING THE QUESTIONS** - Christian Apologetics is one of the most important aspects of the Christian life. It means to give a reply, reason, or defense. The Christian hope is evidence-based and it is paramount for us as believers to learn the reasons for our hope – for our benefit and the benefit of others. In this study, we will survey and answer some of the most common questions and objections to Christianity and The Lord’s church. Students will be able to articulate the gospel message more clearly and answer skeptics in a systematic and loving approach.

**TRAUMA AND TRIUMPH** –Our past can hinder our progress and even paralyze us if we allow it. Our Lord suffered terribly and knows how it feels to endure the worst of afflictions. Servants of God throughout the scriptures gathered strength from Him to come out victorious, though through much perseverance. Survey those who have come before (Romans 15:4) as you learn to press past your past into Triumph (Philippians 3:13).

**COPING WITH CHANGE AND CRISIS** - In our ever-changing world, it is easy to become filled with uncertainty and worry. People crave security, along with the peace and stability that comes with it. Sometimes we may feel like we need to “take control” to ensure that everything in life is good, but crisis and difficulties show us just who is in control (Hint: Not us). When things seem too out of our control, it can shake us to our very core. Proverbs 3:5-6, among other verses where God gives us guidance for times of worry and stress, will be examined in order to direct the student how to conquer in crisis.

## SUNDAY, JANUARY 23RD & WEDNESDAY, JANUARY 26TH

**MASCULINITY IN THE 21ST CENTURY** – Pressures of the world and it’s distorted sketches of what manhood is and isn’t has deformed society at large away from God’s original plan for man. In this study, we sort through the facts and the fiction to uncover the truth about Godly manhood so that finally, the image of the real man can stand up. That is the one created in God’s image, to walk firmly in love, integrity, and servant – leadership.

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**MAKING MONEY MOVES** - It’s easy for anyone to let money become bigger than God. However, it is even easier for us not to use our money wisely. Be informed on foundational principles and valuable tips to make the most of your monetary blessings. Saving, investing, and dealing with debt are all explored from a biblical and practical perspective.

**LIVING INTENTIONALLY** - In the craziness of life, being still, listening and experiencing God’s presence can seem like unattainable aspirations. As a class, explore how to be intentional about your day by studying passages like Ephesians 5:15-16 and Matthew 11:28-30, incorporating balance and the underlying concept of Sabbath back into your week, restoring the concept of rest back into your life.

## SUNDAY, JANUARY 30, 2022

**RELATIONSHIP GOALS [REMIXED]: PRINCIPLES FOR SUCCESSFUL MARRIAGES** - This virtual course will teach the practical principles to seeing a stable union between man and wife. The strengthening of households will not only improve the church but it will improve the conditions of the community. (Ephesians 5:25; Colossians 3:14).

**V3– VOCATIONAL VICTORY VIBES: HOW TO USE ONE’S SKILLS IN HIGH PLACES** - This virtual course will teach you how to operate in your job [corporate/or classroom/or career] with integrity. It will give guidance to your decision-making, and your interactive work, with an opportunity to hear from others faith journey. (Proverbs 18:16, Genesis 50:20).

**LIVING A HEALTHIER LIFESTYLE: GETTING MY HEALTH IN ORDER** - Healthy practices lead to a healthy life. What changes do I need to make to be physically healthy? What life’s practices are best for me to avoid the health challenges of high blood pressure and diabetes and other systemic diseases? This course will suggest healthy options for a healthy life. (For all members)

**MENTORSHIP: PASSING IT ON** - Sharing and passing on life lessons from one generation to another. Some people only focus on passing financial wealth and valuables from one generation to the next, but the greatest legacy and valuables to pass on have always been the spiritual things of God. This course will show ways of sharing life’s most important valuables and passing them on. (For Seniors)

## COURSE SCHEDULE: PLEASE SELECT (1) ONE COURSE FROM EACH SECTION.

### SUNDAY, JANUARY 2, 2022

- ANNUAL CHURCH MEETING
- 20-MINUTE OVERVIEW OF "COURSES THAT WILL CHANGE THE COURSE OF YOUR LIFE"

### WEDNESDAY, JANUARY 5, 2022

#### COURSE SELECTIONS (CHOOSE ONE.)

- A) BEREAVEMENT: HANDLING DEATH BEFORE DEATH HANDLES YOU | WILL SMITH
- B) BIBLE STUDY: GETTING TO KNOW GOD AND HIS WORD BETTER | LEONARDO D. GILBERT
- C) MUSIC IMPACT: SONGS THAT SHAPE FAITH AND FUTURE | STEVEN THOMPSON & CRAIG HARDEN
- D) DIAMOND IN THE ROUGH: DETERMINING YOUR EDUCATIONAL FUTURE | JOSEPH OLALUSI

### SUNDAY, JANUARY 9, 2022 & WEDNESDAY, JANUARY 12, 2022

#### COURSE SELECTIONS (CHOOSE ONE.)

- A) GODLY WISDOM IN COURTING: SEEKING A GODLY MATE | JUSTIN & BRITTANY CARTER
- B) ESTATE PLANNING: GETTING YOUR FINANCIAL HOUSE IN ORDER | CONSTANCE SHERROD
- C) WHAT DOES IT REALLY MEAN TO FOLLOW CHRIST | LOUIS FLOWERS
- D) PARENTING IN GOD'S IMAGE | TROY & SHAUNA JUNIEL

### SUNDAY, JANUARY 16, 2022 & WEDNESDAY, JANUARY 19, 2022

#### COURSE SELECTIONS (CHOOSE ONE.)

- A) SITUATIONS, ENTANGLEMENTS & FRIENDSHIPS: HOW TO KNOW WHO IS IN YOUR INNER CIRCLE | JUSTIN CARTER
- B) ANSWERING THE QUESTIONS | EDWARD DAVIS
- C) TRAUMA TO TRIUMPH | WILL SMITH
- D) COPING WITH CHANGE AND CRISIS | RICHARD HART

### SUNDAY, JANUARY 23, 2022 & WEDNESDAY, JANUARY 26, 2022

#### COURSE SELECTIONS (CHOOSE ONE.)

- A) MASCULINITY AND FEMININITY IN THE 21ST CENTURY | PHILLIP & DANA HAMPTON
- B) ANSWERING THE QUESTIONS | EDWARD DAVIS
- C) MAKING MONEY MOVES | LANCE JONES, JOSEPH OLALUSI
- D) LIVING INTENTIONALLY: BEING STILL, LISTENING, AND EXPERIENCING GOD'S PRESENCE | DARRELL PENDLETON

### SUNDAY, JANUARY 30, 2022

#### COURSE SELECTIONS (CHOOSE ONE.)

- A) RELATIONSHIP GOALS (REMIXED): PRINCIPLES FOR A SUCCESSFUL MARRIAGE | CHARLES & JULIA CATHEY
- B) LIVING A HEALTHIER LIFESTYLE: GETTING MY HEALTH IN ORDER | DR. GEORGE & DR. TIFFANY PATTON
- C) V3 — VOCATIONAL VICTORY VIBES: HOW TO USE ONE'S SKILLS IN HIGH PLACES | LIM AHL ROBINSON
- D) MENTORSHIP: PASSING IT ON | LEONARDO D. GILBERT

### REGISTER FOR YOUR COURSES TODAY!!!

Visit [www.sheldonheights.com/bibleclasses](http://www.sheldonheights.com/bibleclasses) and click on the image to be taken to the Eventbrite page. Each attendee must have a separate email address/phone number for course access. Each course (break-out room) is limited to (25) twenty-five attendees. Please use the Wednesday Night Bible Class log-in information for all course dates. (Log in via Zoom -or- call in using 1-312-626-6799 Meeting ID/Code: 87581776395# Password: 021846). Remember to display your name or to call in using the same phone number you registered with. Unverified individuals will be assigned to courses after all other attendees.

# COURSES THAT WILL CHANGE THE COURSE OF YOUR LIFE



#### PRESENTED BY:

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